



## Do you have a student like this in your school?

### **Example Nominee Characteristics:**

The characteristics below are for example purposes only. Nominated students do not have to fit these names or descriptions.

#### **“The role model”**

A student who acts as an exemplary individual by demonstrating positive attitudes in various aspects of their community.

*ex. Academic, athletic, social, etc.*

A student who has had challenges in life and continues to be positive and/or give back to their community.

*ex. Challenges – illness, injury, disability, trauma, re-location, immigration, etc.*

*ex. Gives back to community through - sharing their experience with others, offering support to others, volunteering, fundraising, etc.*

#### **“The mentor”**

An older student mentoring a younger student(s).

*ex. Teach a skill and/or being a buddy - how to play a game, assistance with reading, cooking club/nourishment program.*

A student assisting with extra-curricular during and after school programs.

*ex. Intramural activities, cooking club, buddy program, etc.*

#### **“The helper”**

A student assisting with lunch and snack programs.

*ex. School Milk Program, Fruit and Vegetable Program, canteen, cafeteria, lunchroom etc.*

Assisting with extra-curricular during and after school programs.

*ex. Intramural activities, cooking club, buddy program, etc.*

A student volunteering to help with school community related events.

*ex. Spirit week, family day, BBQ, concert, etc.*

A student assisting with fundraising efforts.

*ex. Brainstorming, planning, promotion, execution etc. of fundraising that either promotes or monies raised will contribute to healthy eating or physical activity within the school.*

### **“The innovator/contributor”**

A student helping to generate healthy school initiatives and/or execute healthy school activities.  
*ex. Celebrating nutrition month, advocating for/promoting healthy food in school, advocating for/promoting opportunities for physical activity in school, etc*

A student assisting with fundraising efforts.  
*ex. Brainstorming, planning, promotion, execution, etc.*

### **“The team player”**

A student who works well with others, makes sure everyone is included and feels like a valued member of the group, team, or community.  
*ex. School extracurricular clubs, sport teams, project/event volunteers, etc*

### **“The leader”**

An outstanding student who participates in a leadership committee (club) or student council.  
*ex. Being a team player, going above and beyond, demonstrates commitment to a cause, etc.*

### **“The community connector”**

A student who is very friendly, socializes, and engages with anyone within the school and contributes to the social wellness of the school community.  
*ex. A student who makes an effort to ensure all feel valued and included - may be observed including/reaching out to students who may be shy or connecting students from different grades in an activity.*

*ex. A student who plans, volunteers, or whole heartedly participates in school events, projects, programs, spirit week, campaigns that benefit the school community, etc.*