

PHE Manitoba's Flash Newsletter

WHAT'S IN THIS MONTH'S ISSUE:

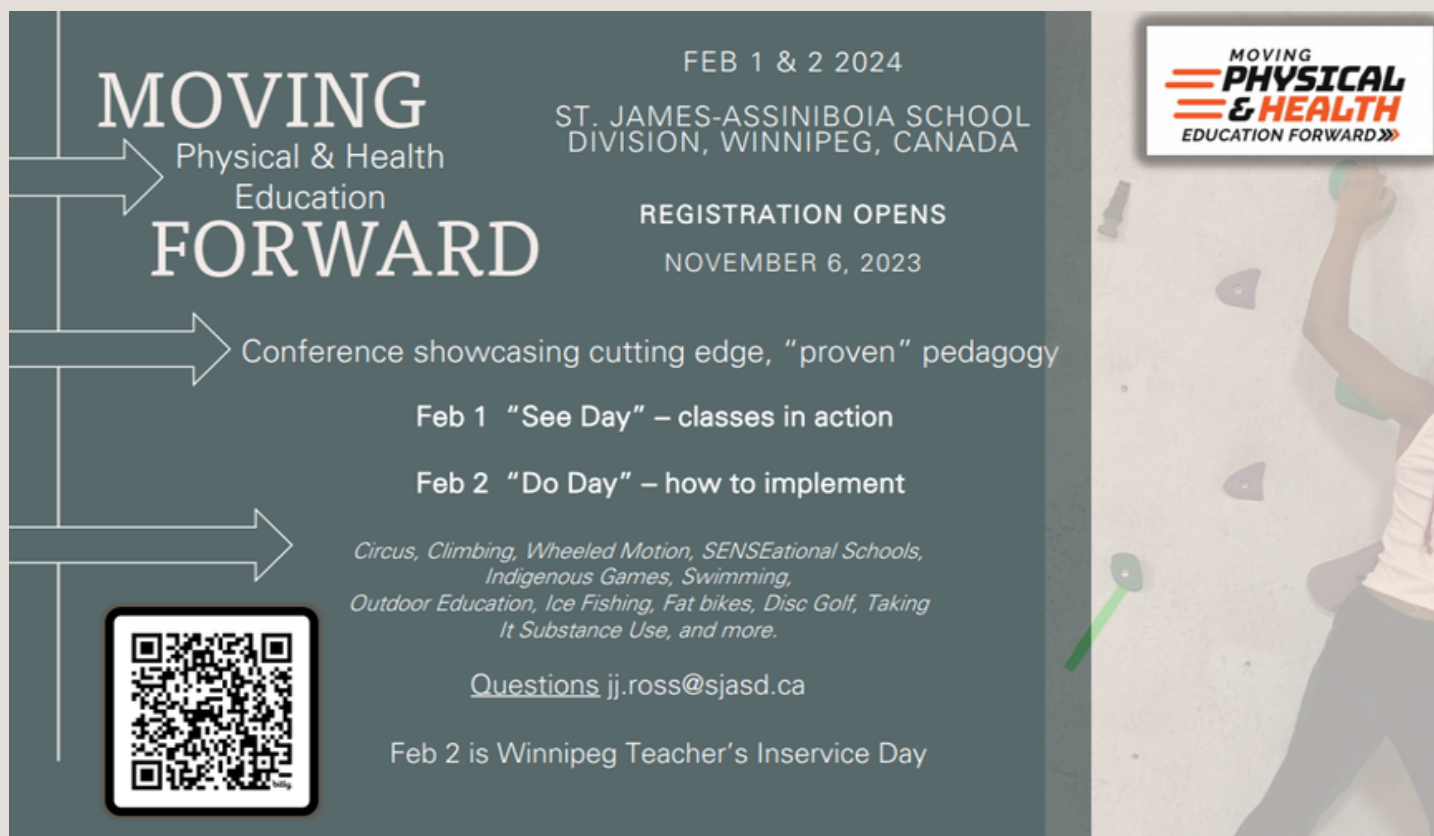
- Moving Forward Conference
- Manitoba Summer Games

Moving Physical and Health Education Forward Conference

The Moving Physical and Health Education Forward Conference is here! Make sure you get your tickets.

[Click here for more information!](#)

[Click here for tickets!](#)



The poster is a dark teal rectangular graphic with white and light teal text and arrows. On the left, three horizontal arrows point right, each with a label: 'MOVING Physical & Health Education FORWARD', 'Conference showcasing cutting edge, "proven" pedagogy', and a QR code. The right side contains event details: dates, location, registration info, and a list of activities. A small logo is in the top right corner, and a photo of a person climbing is on the far right.

MOVING
Physical & Health
Education
FORWARD

FEB 1 & 2 2024
ST. JAMES-ASSINIBOIA SCHOOL
DIVISION, WINNIPEG, CANADA

REGISTRATION OPENS
NOVEMBER 6, 2023

Conference showcasing cutting edge, "proven" pedagogy

Feb 1 "See Day" – classes in action


Feb 2 "Do Day" – how to implement

*Circus, Climbing, Wheeled Motion, SENSEational Schools,
Indigenous Games, Swimming,
Outdoor Education, Ice Fishing, Fat bikes, Disc Golf, Taking
It Substance Use, and more.*

Questions jj.ross@sjasd.ca

Feb 2 is Winnipeg Teacher's Inservice Day

**MOVING
PHYSICAL
& HEALTH
EDUCATION FORWARD»»**



2024 PHE National Conference

Treaty 6, Saskatoon, SK

May 1-4, 2024

This premier national event brings together physical and health education teachers, physical activity leaders, and sector expertise to support our collective goal of all children and youth in Canada living healthy, physically active lives.

Located at the University of Saskatchewan, we are inviting professionals who share our Vision of “all children and youth in Canada live healthy, physically active lives” to join us for #PHESK2024.



[Click here for more information!](#)

Manitoba Summer Games

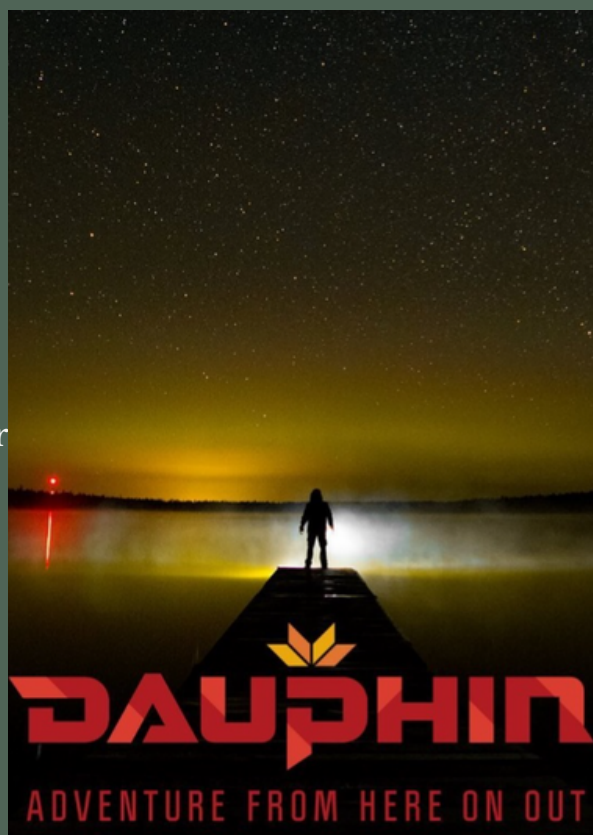
The volunteer recruitment drive for the 2024 Manitoba Summer Games in Dauphin is now underway! This is your chance to be a part of the incredible experience that is the Manitoba Games.

The 2024 Games will be held in Dauphin from August 11-17, 2024 and will feature athletes from 12 different sports. These Games will require upwards of 800 volunteers to support the behind the scenes, planning, and execution of the Games in a variety of roles, and your contribution will be a key factor in the Games' success.

If you are interested in volunteering, you can [register here](#).

If you are already registered as a volunteer, you can [log in here](#).

For more information regarding the 2024 Games, visit our official [2024 Manitoba Games page](#).



Sport LeadHERship Day

When: Friday, Feb. 16, 2024, 1:00 p.m. – 9:00 p.m.

Where: 430 University Crescent

LeadHERship Sessions

Speaker Series



Coaching Workshop

Learn from Olympian and assistant coach of the Bison women's volleyball program, Michelle Sawatzky-Koop, who will take participants through her journey in sport.

Nutrition Workshop

Go hands-on in a series of interactive nutrition mini-labs, covering topics like hydration for performance, fuelling for performance, recovery nutrition, travel nutrition 101, and becoming the best leadHER you have ever known.

Dinner with the Bisons

Eat dinner ahead of the match and chat with members of the UofM Bisons teams!

Women's volleyball match, Manitoba vs Saskatchewan

The group will head over to the Investors Group Athletic Centre on campus to watch the Bisons take on the Saskatchewan Huskies.