

PHE Manitoba's Flash Newsletter

WHAT'S IN THIS MONTH'S ISSUE:

- Safe Sport Summit
- Manitoba Fitness Council Certifications
- PHE MB'S AGM

Call for Presenters

The Physical and Health Educators of Manitoba are looking for session presenters for our 2024 PHE Manitoba MTS Professional Development Day being held on October 25th, 2024. Interested presenters are asked to submit their application(s).

[Click here to fill out the form.](#)



Safe Sport Summit

Sport Manitoba is proud to host our first Safe Sport Summit! Titled Building a Safer and Stronger Sport Culture, the 2024 Sport Manitoba Summit will bring together sport administrators, coaches, parents, officials, athletes, and volunteers from across all sports in Manitoba. The event will include professional development opportunities, presentations, engagement activities, and resources that will assist all stakeholders in establishing a safe and sustainable sport culture.

The Summit is an opportunity for all participants to learn from others, discuss current topics, and ensure that leaders in the province's sport system have the knowledge and the tools to provide quality sport experiences to all Manitobans. Registration is completely free and food/beverages will be provided both days. [Click here for more details.](#)

Manitoba Fitness Council Certifications for Fitness Leaders

The Manitoba Fitness Council offers 11 different certifications for fitness leaders. They offer both ONLINE and in person training. Online training can be Live Online or Prerecorded. Even Aquatic exercise can have the coursework completed online!

Certifications to choose from include:

Walking Coach
Aquatic Exercise
Circuit Training
Tai Chi
Pilates
Yoga
Resistance Training
Choreography
Active Older Adult
Children and Youth
Group Indoor Cycle
Pre and Post Natal Fitness
Registered Personal Training



If you are interested in hosting a training, we can also come to you. For more information, send an email to sjeffrey@manitobafitnesscouncil.ca or visit our website at www.manitobafitnesscouncil.ca

2024 PHE National Conference

Treaty 6, Saskatoon, SK

May 1-4, 2024

This premier national event brings together physical and health education teachers, physical activity leaders, and sector expertise to support our collective goal of all children and youth in Canada living healthy, physically active lives.

[Click here for more information!](#)

Manitoba Summer Games

The volunteer recruitment drive for the 2024 Manitoba Summer Games in Dauphin is now underway! This is your chance to be a part of the incredible experience that is the Manitoba Games.

The 2024 Games will be held in Dauphin from August 11-17, 2024 and will feature athletes from 12 different sports. These Games will require upwards of 800 volunteers to support the behind the scenes, planning, and execution of th Games in a variety of roles, and your contribution will be a key factor in the Games' success.

If you are interested in volunteering, you can [register here](#). If you are already registered as a volunteer, you can [log in here](#).

For more information regarding the 2024 Games, visit our official [2024 Manitoba Games page](#).

NCCP Teaching and Learning

April 17 & 18, 2024

6:00 pm. - 8:30 p.m.

Two-day course, \$50

When: April 17th, 2024

Where: Online

Participants must attend both days to receive credit for the course.

After taking this module you will be able to:

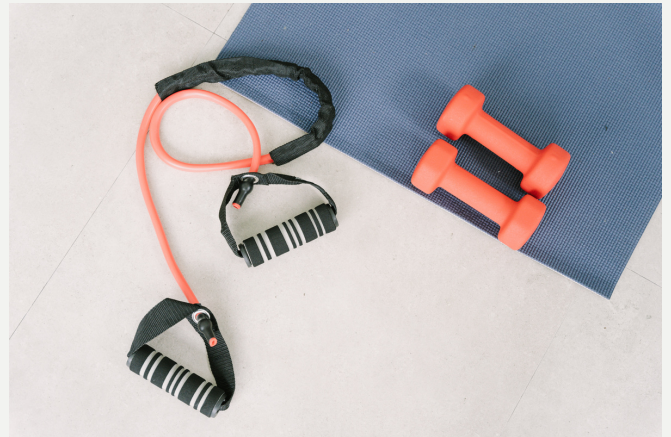
-Assess your own beliefs regarding effective teaching

-Analyze certain coaching situations to determine if they promote learning;

-Create conditions that promote learning and self-esteem through appropriate consideration of the affective, cognitive, and motor dimensions of learning;

Identify how the use of words and methods help athletes relate to their preferred learning style;

-Use well-formulated feedback, offering it at the right time and with the right frequency.



PHE Manitoba's Annual General Meeting

PHE Manitoba's AGM is May 14th at 4:00pm at the Manitoba Teachers Society Building (191 Harcourt, Winnipeg). Dinner will be provided. See you there!