



Registration is now open for the Anti-Racism in Sport Training!

The Anti-Racism in Sport Campaign is pleased to offer the **free** workshop, *'Sport is not an equal playing field: An Introduction to Anti-Racism Literacy and Action'*. This interactive session is designed for all sport stakeholders (coaches, administrators, officials, parents, athletes, board members, etc.).

Date: Multiple dates available throughout February and March 2022

Length: 3 hours

Location: virtually via Zoom (in-person options may be available in the future).

Cost: Free!

Register: <https://forms.gle/i8BesRfT3a3K2p9FA>

Workshop participants will gain knowledge in the following areas:

- An introductory understanding of anti-racism literacy
- The current state of racism and sport in Winnipeg
- Skills and tools on how to be an anti-racist in sport

This workshop will be accompanied with a worksheet that will enhance participants' engagement with the material.



ANTI-RACISM IN SPORT
Winnipeg | Treaty No. 1 Territory

SPORT IS NOT AN EQUAL PLAYING FIELD:
An Introduction to Anti-Racism Literacy and Action

FREE interactive session for all sport stakeholders
(coaches, administrators, officials, parents, athletes and board members)

Length: 3 hours
Location: Virtually through Zoom

Topics Covered:

- Anti-racism literacy
- Current state of racism in sport in Winnipeg
- Anti-racism in sport tools and resources

Registration and more information:
www.antiracismsinsport.ca

Funded by the Government of Canada |  | 

PHE Manitoba
145 Pacific Avenue, Winnipeg, Manitoba, R3B 2Z6
phemb@sportmanitoba.ca, 204-926-8357
www.phemanitoba.ca

Follow Anti-Racism in Sport Campaign's social media accounts or check out our website for more details, or email us at: info@antiracisminsport.ca

- **Facebook:** @ARISWinnipeg
- **Instagram:** @AntiRacismSport
- **Twitter:** @antiracisminsport
- **Website:** www.antiracisminsport.ca

Register for the 2022 Physical and Health Education Virtual National Conference

Physical and Health Education Canada will host the 2022 PHE Virtual National Conference on February 17-18, 2022! This event is a unique opportunity for health and physical educators to connect, learn, and discuss the latest approaches, strategies, and emerging themes and practices for delivering meaningful physical and health education, now during a pandemic and beyond.

With 30+ live and on-demand sessions, recorded and available to watch (and re-watch) at your convenience, along with an inspiring keynote, and networking opportunities, this is an invaluable learning and networking opportunity for PHE teachers and healthy school champions across Canada.



The conference will feature sessions on a variety of priority topic areas, including:

- Teacher and student well-being
- Building healthy and inclusive learning environments
- Instruction and assessment in times of uncertainty
- Infusing Indigenous voice and experience in PHE
- Practical teaching tools on critical topics in PHE including sexual health, substance use, and outdoor education

Registration is open! For the latest updates or to register, visit the event website at www.phecanada.ca/virtual2022.

Save the Date: Physical Literacy 5.0 Workshop

Save the date- April 28th, 2022 for a **FREE** Physical Literacy 5.0 workshop! More details and registration will be sent out at a later date.

PHE Manitoba
145 Pacific Avenue, Winnipeg, Manitoba, R3B 2Z6
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Lets Talk About Cannabis Workshop

PHE Manitoba and the Youth Cannabis Awareness Program are proud to present a **FREE** "Let's Talk About Cannabis" Workshop on February 15th at 4:00pm.

Join us as we explore factors influencing a young person's decision to use or not use cannabis, risks of cannabis use for youth and strategies to lower risks, popular methods of cannabis consumption among youth, when cannabis becomes a problem, and where to find information and support and what to expect from support services across Canada.

[You can register here to attend the interactive workshop.](#)



Let's Talk About Cannabis
An interactive workshop

Join us as we explore...

- Factors influencing a young person's decision to use or not use cannabis
- Why cannabis affects everyone differently
 - THC dosage in edibles and beverages
 - THC bioavailability
- Popular methods of cannabis consumption among youth
- Risks of cannabis use for youth and strategies to lower risks
- When cannabis use becomes a problem
- Where to find information and support and what to expect from support services across Canada

YCAP provides free curriculum aligned workshops. Sign up below for an example of a workshop you could integrate into your classroom!

Click here to register!

Join us for a webinar at:
February 15th
4:00 PM

Presented by the Youth Cannabis Awareness Program
To learn more, contact alexander.potter@ymcagta.org
Or visit www.ymcagta.org/ycap



**2022 MIG School
Registration now OPEN!**

Register at www.masrc.com/mig

MASRC

Register [HERE](#)

Any questions, please contact: Gabby.desrochers@masrc.com

Deadline for registration: March 6, 2022 at 11:59PM

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Teaching Sexuality: Facilitation Skills for Teachers and Service Providers Workshop

Learn how to integrate comprehensive sexuality education lessons and activities into service programs or classrooms. Participants will discuss and practice a number of activities that can be used immediately after the training. After the training, there will be the option to purchase or download (for free) SERC's Teaching Comprehensive Sexuality Education Kit. The Kit contains all the materials needed to teach the basics discussed during the training.

The date and program of this workshop will be confirmed at a later date. Those interested in registering please hold March 15th and March 16th, 2022, from 9:00am-3:00pm, in your calendar. This **FREE** workshop is for members of the Manitoba education community only*

[Register Here](#)

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