



FEBRUARY 2025

FLASH NEWSLETTER

Official Newsletter of PHE Manitoba

Bison Transport Sport LeadHERship

This day is designed to inspire and empower women, in grades 9-12, to become leaders in sport, community, and life. This event will be held at the Healthy Living Centre in Brandon on February 14th, 2025.

Bison Transport
SPORT LEADHERSHIP DAY
FREE
FEB. 14/25
Bison Sport MANITOBA

Sport LeadHERship Day February 14, 2025

1 occurrence
Friday 12:00 PM - 6:00 PM
February 14, 2025

58 spots left
University of
Brandon- Healthy
Living Centre
2010 Louise Avenue
Brandon Manitoba

Contact

Email
PHEMB@SPORTMANITOBA.CA

Phone
204-926-8357

Website
WWW.PHEMANITOBA.CA

Address
145 PACIFIC AVENUE,
WINNIPEG, MANITOBA
R3B 2Z6



Connect 25 Conference

Recreation Manitoba hosts an Provincial Recreation Conference. This year's conference marks our 29th edition of the conference and it will be hosted March 5-7, 2025 at the hockey for all centre and Camp Manitou. The Connect Conference is part of Recreation Manitoba's investment in the development of recreation and parks practitioners and volunteers in Manitoba. It is designed to help our attendees grow their skills and knowledge through sharing your energy, passion and ideas.

[More info here!](#)

EARLY BIRD REGISTRATION OPEN

Connect 2025

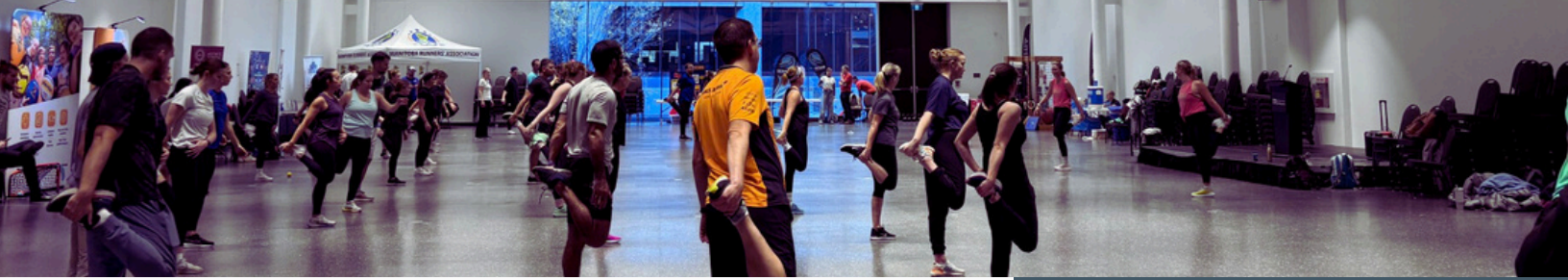
March 5-7, 2025
key for all centre

Event information found at
recreationmb.ca/Connect2025

We are accepting applications for Professional Development Funding!

[Click here for Professional Development Funding applications](#)





Equipment Rental

PHE Manitoba is renting out portable and adjustable nets for tennis, badminton, pickleball, volleyball, etc. If you would like to rent a net, please send Krystle an email at phe.mb@sportmanitoba.ca. There is no fee to rent them and they can be picked up from Sport Manitoba or dropped off at your school.



Teach Resiliency

Teach Resiliency is designed to support your journey towards engagement and energy at work and school and building healthy futures for yourselves and your students. It's about connecting:

- To practical, evidence-informed resources and tools that support mental health and wellness
- To new research
- To your peers—teachers, administrators, mental health professionals and researchers

[Mental Health Resources can be found here.](#)

