

# PHE MANITOBA FLASH

June 2022

## **PHE National Conference** **2023 PHE National Conference** **May 4-6, 2023 | Charlottetown, PEI**

While it may be 3 years later than expected, PHE Canada is excited to announce that the Physical and Health Education National Conference will be back in person in beautiful **Charlottetown, PEI** at the PEI Convention Centre May 4-6, 2023.

### **It Will Be Worth The Wait!**

The last 2+ years have been challenging. #PHEPEI2023 will be your opportunity to finally reconnect and re-energize, share and learn new and wise approaches to physical and health education, and experience professional development with a whole new light ... *along with some renowned PEI hospitality!* You will not want to miss this one. Mark it in your calendars!

The event registration and call for presentations will open soon. Make sure to follow @PHECanada on social media and check <http://phecanada.ca/phepei2023> for the latest information.

Save the Date:  
2023 Physical and Health Education  
National Conference

PEI CONVENTION CENTRE  
CHARLOTTETOWN, PEI

4-6  
MAY  
2023

Registration will Open Soon  
PHECANADA.CA/PHEPEI2023

PHE-EPS Canada logo and PHE Canada logo are also present.

**PHE Manitoba**  
**145 Pacific Avenue, Winnipeg, Manitoba, R3B 2Z6**  
**[phemb@sportmanitoba.ca](mailto:phemb@sportmanitoba.ca), 204-926-8357**  
**[www.phemanitoba.ca](http://www.phemanitoba.ca)**

## **Sign Up for Summer Camp**

This year, our multi-sport summer camp has a female-only group in each of its three weeks. This is a very active camp, where campers try and learn about a bunch of different sports, including: flag football, basketball, volleyball, badminton, soccer, fencing, tennis, cricket, curling, and more!

If you teach girls aged 9-11 who might be interested in a sport-focused summer camp, please share this opportunity with them: <https://www.sportmanitoba.ca/2022-summer-camp/>

## **Funding**

Reminder that 2022/2023 funding requirements are due June 24<sup>th</sup>, 2022. Please send all document to Krystle at [phemb@sportmanitoba.ca](mailto:phemb@sportmanitoba.ca)

## **Commuter Challenge**

A week-long challenge that encourages Canadians to choose active and sustainable modes of transportation. Explore your sustainable travel options that help benefit people and the planet, such as walking, running, wheeling, cycling, rollerblading, taking transit, carpooling, and telecommuting.

All you need to do is register and log your sustainable and active transportation trips throughout the week of June 5 – 11 to participate and win prizes!

Click [here](#) to learn more

## **Bike Week**

Bike Week is a week long celebration of the bicycle and everyone that rides. We like to say “it’s for everyone” because we aim to provide something for every type of cyclist. Whether you ride for recreation, fitness, transportation, sport, or just for fun, if you enjoy riding a bike, Bike Week is for you!

Bike to Work day is part of the week taking place on Monday **June 6, 2022**. With pit stops offering refreshments, information and prizes throughout Winnipeg the day hopes to encourage and support bicycle commuting.

Click [here](#) to learn more.

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# Congratulations to the 2022-2023 PHE Manitoba Board!

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**Treasurer**- *Heather Lowe*

**Secretary**- *Jethro Bartelings*

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**Norman West Regional Rep**- *Shelley Ward*

**Westman Regional Rep**- *Barb Hildebrand*

**MTS Professional Development Day Co-Chairs**-

*Jacki Nysten & Krystle Seymour*

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