



PHE MANITOBA FLASH

May 2022

Annual General Meeting

PHE Manitoba's Annual General Meeting is taking place virtually on Wednesday, May 18th, 2022. If you would like to attend, email phemb@sportmanitoba.ca and a link will be sent to you.

PHE MB



EPS MB

www.phemanitoba.ca

Do you want to join the PHE Manitoba TEAM?

PHE Manitoba TEAM (Together Everyone Achieves More) is looking for driven educators who want to make a difference in physical and health education in Manitoba. If you want to join our TEAM send an email to phemb@sportmanitoba.ca.

We would love to have you join us!

PHE Manitoba
145 Pacific Avenue, Winnipeg, Manitoba, R3B 2Z6
phemb@sportmanitoba.ca, 204-926-8357
www.phemanitoba.ca

Sport for Life Canadian Summit



This two-day event will take place on **May 11-12 at the Sport Manitoba facility**. Sport Manitoba supports and plans sports programs to promote the development of vibrant citizens, athletes, and communities in Manitoba. Together, Sport Manitoba and Sport for Life will deliver a program that highlights and helps advance these goals, while providing the tools and knowledge needed to strengthen Manitobans through sport and physical activity.

Delegates will have the opportunity to hear from influential and inspiring keynote speakers, as well as from a range of community members and leaders who will present on community-specific topics and issues. These presentations will all connect to the Summit's theme and streams. A portion of each day's program will be dedicated to facilitated discussion and workshopping where the delegates will address key issues pertaining to the theme, streams and keynote messages, but with a local focus.

Here is our lineup of keynote presenters:

Dr. Ibram X. Kendi – Director, Boston University Center for Antiracist Research; #1 New York Times Bestselling Author

Dorota Blumczyńska – CEO of Manitoba Museum; Refugee Advocate

Glenn and Nick Hoag – Father-son Olympic and Professional Volleyball Duo; Proponents of Long-Term Development

Aisha Saintiche – Certified Health Coach; Keynote Speaker; Author

Learn more about the Summit [here](#).

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Sport Manitoba Info

Wednesday, May 25 is National Jersey Day for KidSport! Encourage your staff and students to wear their favourite jersey to school along with a \$1 donation to support KidSport Manitoba. Showcase your school's spirit on social media by tagging @KidSportWpg and using the hashtags #KidSportWeek and #JerseyDay.

For promotional content (including posters) or questions, email cassidy.nicholls@sportmanitoba.ca

KidSport is a charity that helps children of families facing financial barriers to participate in organized sport. The goal is to provide all kids with the same opportunities to play, learn life skills, and adopt active healthy lifestyles through sport.

Sign Up for Summer Camp

This year, our multi-sport summer camp has a female-only group in each of its three weeks. This is a very active camp, where campers try and learn about a bunch of different sports, including: flag football, basketball, volleyball, badminton, soccer, fencing, tennis, cricket, curling, and more!

If you teach girls aged 9-11 who might be interested in a sport-focused summer camp, please share this opportunity with them:

<https://www.sportmanitoba.ca/2022-summer-camp/>

PHE Manitoba Clothing

PHE Manitoba is having a clothing sale! We have shirts and sweaters on sale for our members. Black shirts with the gold PHE MB logo are \$5.00 and grey sweaters with the PHE MB logo are \$25.00. If you are interested in purchasing clothing, email phemb@sportmanitoba.ca for available sizing.



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2022 High School Dragon Boat Challenge



CHALLENGE

- We invite you to test your speed, strength and teamwork at the Manitoba School Dragon Boat Challenge, June 5th, 2022
- Largest School paddling tournament in North America!
- Fifty teams come together to own the title of fastest on the water

Event Details

- Team of 21 people / boat (including drummer)
- Two - 1 hour scheduled practices from May 16th to June 3rd
- Tournament includes races of 500m, preliminary and final
- Steersperson / coach provided
- Registration fee \$550 / team



Bring your class outside this spring!

This fun and exciting event is a chance to return to being active together for our youth. Manitoba Canoe & Kayak Centre staff would like to teach your students dragon boating skills and explain the importance of working together to move the boat quickly and efficiently through the water. Dragon boating is a great way to end your year together as a class or team of another sport. Come enjoy the Dragon Boat Festival outside with other schools and the excitement of racing.

Location: 80 Churchill Drive Email: mpadragonboat@gmail.com
Call: 204-284-4646 For more information, click on [registration and forms](#).

Turning people into paddlers one adventure at a time!

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